

Navy-Princeton Dual

Jadwin Gymnasium

Sunday January 6th, 2013

Field Events:

11:00 am Weight Throw, Shot Put Follows
1:00 pm Long Jump, triple jump follows
1:45 pm Pole Vault
2:30 pm High Jump

Running Events:

1:00pm 5000m Run (non-scored)
1:20pm Mile
1:40pm 60m Hurdles
1:50pm 400m
2:00pm 500m
2:10pm 60m
2:20pm 800m
2:30pm 1000m
2:40pm 200m
2:55pm 3000m
3:10pm Distance Medley Relay
3:25pm 4x400m Relay

Entry Information:

- Three individual entries per team/event
- One relay entry per team/event

Dual Meet Scoring:

Individual Events: 5-3-2-1

Relay Events: 5-3

Field event competitors will advance to the finals, provided they have a valid mark in the preliminary rounds.